Inspiring Songs Soundtrack

These “you can do it” songs, which can give teachers’ spirits a boost, are discussed in the “Mindset:” chapter of the book First Aid for Teacher Burnout: How You Can Find Peace and Success:

- "Be the Change" by Shuree
- "Cannonball" by Lea Michele
- "Carry On" by Fun.
- "Catch My Breath" by Kelly Clarkson
- "Climb Every Mountain" by Margery McKay (The Sound of Music Soundtrack)
- "Defying Gravity” by Kristin Chenoweth & Idina Menzel (Wicked Soundtrack)
- “Doubt” by Mary J. Blige
- "Dragonheart (Main Theme Song)" by Randy Edelman (Dragonheart Soundtrack)
- "Dreams" by Van Halen
- "The Edge of Glory” by Lady GaGa
- [4:20-6:18 (last 2 minutes) of] “Epilogue” by Cast (Les Misérables Soundtrack)
- "Eye of the Tiger" by Survivor (Rocky Soundtrack)
- "The Fighter (featuring Ryan Tedder)" by Gym Class Heroes
- "Fight Song" by Rachel Platten
- "Flashdance (What a Feeling)" by Irene Cara (Flashdance Soundtrack)
- "Guardian" by Alanis Morissette
- "I Wanna Get Better" by Bleachers
- "I Will Survive" by Gloria Gaynor
- "Let It Go" by Idina Menzel (Frozen Soundtrack)
- "Man in the Mirror" by Michael Jackson
- "Ooh Child" by Dino
- "Overcomer" by Mandisa
- "Roar" by Katy Perry
- “Rise Up” by Andra Day
- "The Show Goes On (Clean Version)" by Lupe Fiasco
- "Something New" by Axwell Λ Ingrosso
- "So What" by P!nk
- "Stand Up" by Sugarland
• "Star Wars (Main Theme Song)" by Star Wars Soundtrack
• "St. Elmo's Fire (Man in Motion)" by John Parr (St. Elmo’s Fire Soundtrack)
• "Tomorrow" by Alicia Morton (Annie Soundtrack)
• "The Warrior" by Patty Smith (Scandal)
• "What Doesn't Kill You (Stronger)" by Kelly Clarkson