WALTER REED ARMY MEDICAL CENTER

ART THERAPY TREATMENT OBJECTIVES MANUAL

ART THERAPY SECTION
INPATIENT SERVICE
DEPARTMENT OF PSYCHIATRY
The Art Therapy Treatment Objectives Manual has been developed by art therapy staff members at Walter Reed Army Medical Center over the past several years. It is based on clinical experience with thousands of patients and is organized under major headings by categories in the American Psychiatric Association's DSM-III R with problem lists from the North American Nursing Diagnosis Association. The manual includes eleven DSM-III R categories into which the majority of patients treated by the art therapy section staff are classified. It describes art therapy treatment plans, goals, and objectives that have been found by experience to be clinically effective for common problems within each category.

The objectives list is a working document used in patient planning and treatment. It is intended as such to be a versatile tool to manage the complex task of individualized treatment planning. Variations and additions are welcome and encouraged.

Special thanks to each member of the art therapy section who contributed to this effort; Drew Conger, ATR, Nancyann Turner, ATR, Judy Bridenbaugh, ATR, Vanita Tarpley, ATR, and the many interns who added to it over the years.

Paula Howie, ATR
Director Art Therapy
WRAMC
June, 1989

NOTICE: This manual is not to be construed as an official Department of the Army or Walter Reed Army Medical Center document unless so designated by other authorized documents (para 4-3, AR 360-5).
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ORGANIC MENTAL DISORDERS

290.00 DEMENTIAS ARISING IN SENIUM AND PRESENium

NURSING DIAGNOSIS: 1. Coping, Ineffective individual
2. Thought processes alteration in 3. Knowledge deficit

PROBLEM: Disorientation and short term memory loss
PLAN: Increase reality orientation

OBJECTIVE:
290001 Patient will sign and date all pictures accurately. (All groups)
290002 Patient will attend one art therapy group without a reminder. (Themes group)
290003 Patient will practice signing his/her name. (Themes group)
290004 Patient will fill out an Art Therapy Reality Orientation form (my name is, the weather is, this place is, today I feel, I would like to feel). (Themes group)
290005 Patient will design a calendar for current month with proper number sequence, name one step to a goal for the month. (Expressive group)
290006 Patient will look at and handle a real object (e.g. an apple) then draw it. (Expressive group)

PROBLEM: Loss of self esteem
PLAN: Increase sense of self worth and achievement

OBJECTIVES:
290010 Patient will make one statement about what s/he likes about his/her artwork. (All groups)
290011 Patient will draw a picture of one thing s/he has learned which may be of help to others in the group. (Themes group)
290012 Patient will draw a picture of one achievement ('my proudest moment'). (Themes group)
290013 Patient will draw a lifeline with milestones noted on a long piece of paper. (Creative AT group)
290014 Patient will identify three activities he enjoys doing alone and with others. (Creative AT group)
290015 Patient will create a durable piece of art of which he can be proud. (Expressive AT group)
PROBLEM: Repetitive behavior, perseveration
PLAN: Increase willingness to change

OBJECTIVES:
290020 Patient will use one art material he has not used before. (All groups)
290021 Patient will develop one section of a repetitive drawing into a new picture. (Expressive group)
290022 Patient will create a long term sculpture to engage kinetic memory. (Expressive group)

PROBLEM: Frustration and anger
PLAN: Find alternative ways of dealing with frustration

OBJECTIVES:
290030 Patient will draw picture of one sport s/he can participate in actively. (All groups)
290031 Patient will portray self in place of peace and happiness. (Themes group)
290032 Patient will identify in a picture a constructive way to express angry feelings. (Themes group)
290033 Patient will identify two alternative means of dealing with frustration. (Creative AT group and Expressive group)
Dementias Arising in Senium and Preseum

Nursing Diagnosis: 1. Coping, Ineffective individual  
2. Thought processes, alteration in  3. Knowledge deficit

Problem: Disorientation and short term memory loss
Plan: Increase reality orientation

Objectives:
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Problem: Loss of self esteem
Plan: Increase sense of self worth and achievement

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290010 Patient will make one statement about what s/he likes about his/her artwork. (All groups)
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290014 Patient will identify three activities he enjoys doing alone and with others. (Creative AT group)
290015 Patient will create a durable piece of art of which he can be proud. (Expressive AT group)
SUBSTANCE USE DISORDERS

305.9 ALCOHOL DEPENDENCE
305.02 ALCOHOL ABUSE, EPISODIC, 305.01 ALCOHOL ABUSE, CONTINUOUS
305.5 OPIOID ABUSE, 304.0 OPIOID DEPENDENCE
305.0 BARBITURATE ABUSE, 304.1 BARBITURATE DEPENDENCE
305.6 COCAINE ABUSE
305.2 CANNABIS ABUSE, 304.5 CANNABIS DEPENDENCE
305.7 AMPHETAMINE ABUSE, 304.4 AMPHETAMINE DEPENDENCE
305.3 HALLUCINOGEN ABUSE
305.9 PCP ABUSE

NURSING DIAGNOSIS: 1. Coping, ineffective individual
2. Diversional activity deficit

PROBLEM: Dependence
PLAN: Increase autonomy

OBJECTIVES:
305001 Patient will identify one change s/he would like to make. (All groups)
305002 Patient will identify where a boat, fish is going in a marine picture. (All groups)
305003 Patient will use an art material s/he has never used before. (All groups)
305004 Patient will portray one responsibility and way of handling it. (Themes group)
305005 Patient will contribute one theme for group to draw. (Themes group)
305006 Patient will draw a realistic step toward one goal. (Themes group)
305007 Patient will take a leadership role in planning and leading a group mural or clay project. (Creative AT group)
305008 Patient will portray a best gift he could give to family or a friend. (Creative AT group)
305009 Patient will depict a need or wish and discuss how it can be fulfilled (e.g. three wishes). (Creative AT group)
305010 Patient will draw a dock or shoreline (goal) in a water picture. (Expressive group)
PROBLEM: Poor use of leisure time
PLAN: Use free time more wisely

OBJECTIVES:
305020 Patient will draw one new activity s/he might learn. (Themes group)
305021 Patient will draw one activity s/he enjoys and does well. (Themes group)
305022 Patient will draw self doing something pleasurable with a partner or on a team. (Creative AT group)
305023 Patient will use art as a leisure activity while in the hospital. (Expressive group and Open Studio)

PROBLEM: Intolerance of frustration
PLAN: Patient will find alternative ways of dealing with stress

OBJECTIVES:
305030 Patient will identify two alternative means of dealing with frustration with graphic media. (Creative AT group and Expressive group)
305031 Patient will design a personal environment and be invited to connect it with the group. (Creative AT group)

PROBLEM: Denial
PLAN: Patient will accept responsibility for drug problem

OBJECTIVES:
305040 Patient will give verbal feedback about evidence of substance use in his/her artwork. (All groups)
305041 Patient will draw self refusing an addictive substance. (All groups)
305042 Patient will draw three steps that led to his/her hospitalization. (Themes group)
305043 Patient will identify one problem s/he wants help with in a picture. (Themes group)
305044 Patient will depict one feeling in depth. (Creative AT group)
303.9  ALCOHOL DEPENDENCE
305.02  ALCOHOL ABUSE, EPISODIC, 305.01 ALCOHOL ABUSE, CONTINUOUS
305.5  OPIOID ABUSE 304.0, OPIOID DEPENDENCE
305.0  BARBITURATE ABUSE, 304.1 BARBITURATE DEPENDENCE
305.6  COCAINE ABUSE
305.2  CANNABIS ABUSE, 304.3 CANNABIS DEPENDENCE
305.7  AMPHETAMINE ABUSE, 304.4 AMPHETAMINE DEPENDENCE
305.3  HALLUCINOGEN ABUSE
305.9  PCP ABUSE

NURSING DIAGNOSIS: 1. Coping, ineffective individual
2. Diverisonal activity deficit

PROBLEM: Dependence
PLAN: Increase autonomy

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305001 Patient will identify one change s/he would like to make. (All groups)
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SCHIZOPHRENIC DISORDERS

295.1 DISORGANIZED TYPE
295.4 SCHIZOPHRENIFORM DISORDER

NURSING DIAGNOSIS: 1. Thought process, Alteration in
2. Fear

PROBLEM: 1. Confusion, Lack of Concentration (flight of ideas,
tangential thinking)
PLAN: Increase organization and concentration. (Use controlled
materials only--no paints)

OBJECTIVES:
295001 Patient will make a picture with a groundline and
grounded objects in it. (All groups)
295002 Patient will follow instructions for a picture containing
two or three requested forms. (e.g. house, tree, person
picture). (Assessment or Themes group)
295003 Patient will stay in group for entire hour. (Themes group)
295004 Patient will draw a picture directly related to the theme
of the group. (Themes group)
295005 Patient will draw a recognizable object in a picture.
(Themes group)
295006 Patient will make a solid (unfragmented) clay sculpture.
(Creative AT group and Expressive group)
295007 Patient will draw a mandala picture working from the
center of the circle outward. (Creative AT group and Expressive
group)

PROBLEM: Identity confusion and diffuse ego boundaries
PLAN: Differentiate self from non-self, reinforce boundaries

OBJECTIVES:
295010 Patient will make one statement using the work "I" in
relation to artwork he has created. (All groups)
295011 On paper, patient will clearly separate figure from
ground. (All groups)
295012 Patient will make a self symbol. (Creative AT group)
295013 Patient will clearly outline a self portrait on large brown
paper. (Creative AT group and Expressive group)
PROBLEM: Depersonalization
PLAN: Differentiate others (e.g. by sex, clothing, age, activity, identity, relationship to self)

OBJECTIVES:
295020 Patient will include a person in a picture. (All groups)
295021 On paper, patient will draw his family in an individualized manner and name each family member (Assessment and Creative AT group)

PROBLEM: Hallucinations, delusions
PLAN: Reality orientation

OBJECTIVES:
295030 Patient will sign and date each picture correctly. (All groups)
295032 Patient will draw an actual object in the room (still life). (All groups)
295031 Patient will create an accurate calendar of the current month. (Themes group)

PLAN: Patient will increase coping skills

OBJECTIVES:
295040 Patient will identify one personal strength in a picture. (Themes group)
295041 Patient will depict one problem s/he wants help with and one step toward solution. (Themes group)

PLAN: Patient will increase goal direction

OBJECTIVES:
295050 Patient will depict one short term goal in a picture. (Themes group)
295051 Patient will draw one thing he likes about his/her life and one thing s/he would like to change. (Creative AT group)
295052 Patient will draw three best wishes. (Creative AT group)
SCHIZOPHRENIC DISORDERS

295.1 DISORGANIZED TYPE
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relation to artwork he has created. (All groups)
295011 On paper, patient will clearly separate figure from
ground. (All groups)
295012 Patient will make a self symbol. (Creative AT group)
295013 Patient will clearly outline a self portrait on large brown
paper. (Creative AT group and Expressive group)
(Schizophrenia cont)

295.3 PARANOID TYPE

PROBLEM: Fear, mistrust, guarded responses
PLAN: Increase trust

OBJECTIVES:

295301 Patient will remain in group for one whole session. (Themes group)
295302 Patient will draw one source of support. (Themes group)
295303 In discussion, patient will share one feeling related to a picture or sculpture. (His own or another patient) (Themes group)
295304 Patient will symbolize "trust" in a picture, what it means, how it happens. (All groups)
295305 On paper, patient will make tangible one fear then draw or tell a way in which s/he might deal constructively with the fear. (All groups)
295306 With art materials, patient will draw metaphorical dialogue in four parts. (e.g. between dragon and person) (Creative AT group)
295307 Patient will draw or model what he finds in a cave after participating in a guided imagery experience. (Creative AT group)

PROBLEM: Impaired communication

Nursing diagnosis: 1. Communication, Impaired: verbal 2. Social interaction, impaired
PLAN: Increase effective interaction

OBJECTIVES:

295310 Patient will give and/or receive feedback in the group. (Themes group)
295311 Patient will introduce self to other members of the group with a self symbol in clay or on paper. (All groups)
295312 Patient will work on group art project such as a mural. (Expressive or Creative AT groups)
295313 Patient will dictate picture to group member then reverse roles. (draw a picture dictated to him/her) (Expressive or Creative AT groups)
295314 Patient will gestalt a picture, taking the role of various forms in it. (Creative AT group)
295.70 SCHIZOAFFECTIVE DISORDERS

PROBLEM: Hostility and inappropriate verbalizations of affect

PLAN: Increase appropriate expression of anger

OBJECTIVES:

295701 Patient will portray self in place of peace and happiness. (Themes group)
295702 Patient will not interrupt others in group discussion. (Themes group)
295703 Patient will draw one constructive way to use angry energy. (Themes group)

298.9 BRIEF REACTIVE PSYCHOSIS
298.9 ATYPICAL PSYCHOSIS

PROBLEM: Confusion

PLAN: Orient patient in time

OBJECTIVES:

298901 Patient will draw three part picture of past, present, and future. (Creative AT group)
298902 Patient will draw first memory, best memory. (Themes group)
298903 Patient will draw how it feels to be in the hospital. (All groups)
**295.3 PARANOID TYPE**

**PROBLEM:** Fear, mistrust, guarded responses
**PLAN:** Increase trust

**OBJECTIVES:**

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295302 Patient will draw one source of support. (Themes group)
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295307 Patient will draw or model what he finds in a cave after participating in a guided imagery experience. (Creative AT group)

**PROBLEM:** Impaired communication

**Nursing diagnosis:** 1. Communication, Impaired: verbal 2. Social interaction, impaired
**PLAN:** Increase effective interaction

**OBJECTIVES:**

295310 Patient will give and/or receive feedback in the group. (Themes group)
295311 Patient will introduce self to other members of the group with a self symbol in clay or on paper. (All groups)
295312 Patient will work on group art project such as a mural. (Expressive or Creative AT groups)
295313 Patient will dictate picture to group member then reverse roles. (draw a picture dictated to him/her) (Expressive or Creative AT groups)
295314 Patient will gestalt a picture, taking the role of various forms in it. (Creative AT group)
NURSING DIAGNOSIS: 1. Thought process alteration in
2. Fear

PROBLEM: Confusion, Lack of Concentration (flight of ideas, tangential thinking)

PLAN: Increase organization and concentration. (Use controlled materials only--no paints)

OBJECTIVES:
295401 Patient will make a picture with a groundline and grounded objects in it. (All groups)
295402 Patient will follow instructions for a picture containing two or three requested forms (e.g. house, tree, person picture). (Assessment or Themes group)
295403 Patient will stay in group for entire hour. (Themes group)
295404 Patient will draw a picture directly related to the theme of the group. (Themes group)
295405 Patient will draw a recognizable object in a picture. (Themes group)
295406 Patient will draw a mandala picture working from the center of the circle outward. (Creative AT group and Expressive group)
295407 Patient will make a solid (unfragmented) clay sculpture. (Creative AT group and Expressive group)

PROBLEM: Identity confusion and diffuse ego boundaries

PLAN: Differentiate self from non-self, reinforce boundaries

OBJECTIVES:
295410 Patient will make one statement using the work "I" in relation to artwork he has created. (All groups)
295411 On paper, patient will clearly separate figure from ground. (All groups)
295412 Patient will make a self symbol. (Creative AT group)
295413 Patient will clearly outline a self portrait on large brown paper. (Creative AT group and Expressive group)
PROBLEM: Depersonalization
PLAN: Differentiate others (e.g. by sex, clothing, age, activity, identity, relationship to self)

OBJECTIVES:
295420 Patient will include a person in a picture. (All groups)
295421 On paper, patient will draw his family in an individualized manner and name each family member. (Assessment and Creative AT group)

PROBLEM: Hallucinations, delusions
PLAN: Reality orientation

OBJECTIVES:
295430 Patient will sign and date each picture correctly. (All groups)
295431 Patient will create an accurate calendar of the current month. (Themes group)

PLAN: Patient will increase coping skills

OBJECTIVES:
295440 Patient will identify one personal strength in a picture. (Themes group)
295441 Patient will depict one problem s/he wants help with and one step toward solution. (Themes group)

PLAN: Patient will increase goal direction

OBJECTIVES:
295450 Patient will depict one short term goal in a picture. (Themes group)
295451 Patient will draw one thing he likes about his/her life and one thing s/he would like to change. (Creative AT group)
295452 Patient will draw three best wishes. (Creative AT group)
MOOD DISORDERS

296.4 Bipolar Disorder, Manic

NURSING DIAGNOSIS: 1. Thought process, Alteration in

PROBLEM: Racing, hyperactivity; distractability
PLAN: Increased focus and concentration

OBJECTIVE:
296401 Patient will listen without interrupting during discussion. (All groups)
296402 Patient will draw a picture which includes one real object such as a still life. (All groups)
296403 Patient will draw picture with firm boundaries. (Themes AT)
296404 Patient will use a structured space such as a circle or square in which to draw. (Creative AT group)
296405 Patient will wedge clay and form into integrated sculpture. (Creative AT group and Expressive group)

PROBLEM: Poor judgement, grandiosity
PLAN: Foster realistic viewpoint, reinforce self boundaries

OBJECTIVE:
296410 Patient will state where he might be in relation to a picture and identify point of view (e.g. bird's eye view, worm's eye view). (All groups).
296411 Patient will identify where he is coming from and going in relation to the picture. (All groups)
296412 Patient will draw a picture which does not run off the edge of the paper. (Themes group)
296413 Patient will draw mandala picture working from center of circle outward. (Creative AT group and Expressive group)
296414 With controlled materials, patient will make unique self symbol. (Creative AT group and Expressive group)
296415 Patient will clearly outline a self-portrait on paper. (Creative AT group and Expressive group)
NURSING DIAGNOSIS: 1. Coping, Ineffective Individual

PROBLEM: Impulsivity, poor control

PLAN: Increase planning skills, increase coping skills

OBJECTIVES:

296420 Patient will identify one personal strength in a picture. (Themes group)

296421 Patient will depict one problem s/he wants help with and one step toward solution. (Themes group)

296422 Patient will depict one short-term goal in picture. (Themes group)

296423 Patient will make a picture of an appropriate way to get attention from others. (Themes group)

296424 Patient will draw one thing s/he likes about his life and one thing s/he would like to change. (Creative AT group)

296425 Patient will work on art project, painting or sculpture for two or more sessions. (Expressive group or open studio group)
DEPRESSIVE DISORDERS

296.5x Bipolar Disorder, Depressed
296.2x Major Depression, single episode
296.3x Major Depression, recurrent
296.4x Major Depression, psychotic features

NURSING DIAGNOSIS: 1. Violence Potential for,
2. Hopelessness

PROBLEM: Suicidal ideation
PLAN: Patient will accept alternatives

OBJECTIVES:
296001 Patient will draw picture of one activity he wishes to learn or to do again. (All groups)
296002 Patient will make a picture of an appropriate way to get attention from others. (Themes group)
296003 Patient will draw one future goal and one step s/he can take toward fulfilling it. (Themes group)
296004 Patient will draw a dialogue in two or four parts between an obstacle and self (e.g., using wall, box, stone, tunnel). (Creative AT group)

NURSING DIAGNOSIS: 1. Unilateral neglect, 2. Hopelessness

PROBLEM: Hopelessness
PLAN: Patient will regain hope

OBJECTIVES:
296010 Make art about which s/he makes one statement expressing some satisfaction. (All groups)
296011 Draw "best" picture (e.g., best memory, skill, gift given or received, favorite place, favorite tree). (Themes group)
296012 Make a long term project to which he can return such as a sculpture or an oil painting. (Expressive group)
NURSING DIAGNOSIS: 1. Grieving, Anticipatory or Grieving, dysfunctional

Problem: Grief
PLAN: Patient will accept losses

OBJECTIVES:
296020 Patient will make goodbye picture. (All groups)
296021 Patient will say goodbye to at least one other group member when discharged. (All groups)
296022 Patient will review portfolio upon leaving. (All groups)
296023 Patient will acknowledge importance of work by taking all or part of him upon discharge. (All groups)
296024 Patient will draw picture on theme "how I handle separation." (Themes group)
296025 Patient will use clay to represent something he wishes to remember about another or self (if s/he has lost part of self or is dying). (Expressive group)

NURSING DIAGNOSIS: 1. Powerlessness

PROBLEM: Helplessness
PLAN: Patient will take charge of part of his life

OBJECTIVES:
296030 Patient will use an art material he has never used before. (All groups)
296031 Patient will make a self portrait with arms and legs. (Themes group)
296032 Patient will contribute one theme idea to the group. (Themes group)
296033 Patient will make a kinetic self portrait. (Themes and Expressive group)
296034 Patient will make dual picture of what I'd like to change, what I'd like to keep. (Creative AT group)
296035 Patient will draw a spiraling work, working from the center outward. (Expressive group)
NURSING DIAGNOSIS: 1. Social Isolation

PROBLEM: Withdrawal, Flat Affect
Plan: Increase interaction, expression of feelings

OBJECTIVES:
296040 Patient will identify verbally one feeling related to the art work. (All groups)
296041 Patient will make one comment about another person’s work. (All groups)
296042 Patient will use more than one color in a picture. (Themes group)
296043 Patient will use more than half of the paper per picture. (Themes group)
296044 Patient will develop art expression to illustrate feelings experienced through body movement. (Creative AT group)
296045 Patient will develop art expression to illustrate feelings experienced through listening to music tapes. (Creative AT group)
296046 Patient will draw dialogue in two or four parts between two forms (e.g. esp. dialogue between person and a box). (Creative AT group)
296047 Patient will work on a joint or group art project such as a scribble or mural. (Creative AT group and Expressive group)
296048 Patient will draw a line for each of several pairs of opposite feelings, developing one line into a separate picture. (Creative AT group and Expressive group)
296049 Patient will symbolize one supportive person in his/her life. (Creative AT group and Expressive group)
(Mood Disorders/Depression cont)


PROBLEM: Poor self image, sense of failure
PLAN: Increase self esteem

OBJECTIVE:
296050 Patient will draw a favorite animal and describe quality patient likes best about it. (All groups)
296051 Patient will create one piece of artwork of which he can be proud and wishes to save. (All groups)
296052 Patient will make two positive statements about his/her work. (All groups)
296053 Patient will draw picture of what patient feels s/he does best. (Themes group)
296054 Patient will identify in a picture one contribution patient can and does make on the ward. (Themes group)
296055 Patient will draw "my proudest moment". (Themes group)
296056 Patient will make a full figure self-portrait with arms and legs. (Themes group)
296057 Patient will draw picture of what he likes best about himself. (Themes and Creative AT group)
296058 Patient will make a unique self symbol on paper or in clay. (Creative AT group)
296059 Patient will draw three significant things s/he wants group to know about s/he. (Creative AT group)
296060 Patient will draw four strengths or talents s/he has and one change s/he would like to make. (Creative AT group)

NURSING DIAGNOSIS: 1. Thought process, Alteration in

PROBLEM: Hallucinations, delusions
PLAN: Increase reality orientation

OBJECTIVE:
296070 Patient will sign and date each picture correctly. (All groups)
296071 Patient will create an accurate calendar of current month. (Themes group)
296072 Patient will draw a picture directly related to the theme of the group. (Themes group)
(Mood Disorders cont)

PLAN: Increase coping skills

OBJECTIVE:
296080 Patient will identify one personal strength in a picture. (Themes group)
296081 Patient will depict one problem s/he wants help with and one step toward it. (Themes group)

300.40 DYSTHYMIA (OR DEPRESSIVE NEUROSIS)

NURSING DIAGNOSIS: 1. Ineffective Individual Coping

PROBLEM: Altered mood
PLAN: Increase coping skills

OBJECTIVE:
300401 Patient will identify one strength or achievement in a picture. (Themes group)
300402 Patient will identify one change s/he would like to make in life through a picture. (Themes group)
300403 Patient will draw a picture of a realistic source of pleasure. (Themes group)
PHOBIC DISORDERS

300.1 Panic Disorder
300.02 Generalized Anxiety Disorder

NURSING DIAGNOSIS: 1. Anxiety 2. Fear

Problem: Stress related tension, conflict
PLAN: Progressive desensitization

OBJECTIVE:
300101 Patient will draw a situation in which a panic attack is likely to occur. (Creative AT or Expressive group)
300102 Patient will draw self handling a frightening experience well. (Creative AT or Expressive group)

PLAN: Increase ability to handle stress

OBJECTIVE:
300103 Patient will draw a favorite animal and share what qualities patient admires about it. (Themes group)
300104 Patient will use clay energetically to make a sculpture. (Expressive group)
300105 Patient will use clay to create figures to represent self and whatever or whoever is involved in struggle with patient, engage forms in role playing. (Expressive or Creative AT group)
300106 Patient will draw a dialogue in two or four parts, e.g. between a sword and a butterfly. (Creative AT group)

PLAN: Increase ability to express feelings

OBJECTIVE:
300107 Patient will identify and symbolize four important feelings. (Creative AT group)
300108 Patient will compare a paper outer mask with inner self, e.g. by drawing door on outside of folded paper and room it opens to beyond the door. (Creative AT or Expressive group)
300.30 OBSESSIVE COMPULSIVE DISORDER

NURSING DIAGNOSIS: 1. Coping, Individual ineffective

PROBLEM:
PLAN: Increase spontaniety

OBJECTIVE:
300301 Patient will use paints and/or fingerpaints to increase free affective expression. (Expressive group)
300302 Patient will make free line drawing without taking marker or pencil off the paper. (Expressive or Creative AT group)
300303 Patient will use clay with eyes closed to form sculpture of one important feeling. (Creative AT or Expressive group)
300304 Patient will make picture of how I am on the inside and how I am on the outside. (Creative AT or Expressive group)
300305 Patient will observe and then draw a scene or still life from three different points of view. (Expressive group)

308.30 POST TRAUMATIC STRESS DISORDER
309.81 POST TRAUMATIC STRESS DISORDER, CHRONIC OR DELAYED


PROBLEM: Fear, flashbacks
PLAN: Reduce fear by taking control of it symbolically

OBJECTIVE:
308001 Patient will draw a picture of how s/he handles anxiety with controlled materials. (Themes)
308002 Patient will wedge clay to relieve tension. (All groups)
308003 Patient will draw a battle scene and then further detailed drawings of parts of the scene. (Individual AT)
308004 Patient will draw pictures closer and closer to the critical scene where the trauma occurred. (Individual or Studio AT)
308005 Patient will model the most ferocious monster imaginable, gestalt what it feels, does, wants to do, etc. (Expressive group)
PROBLEM: Poor self esteem (Following sexual abuse)
PLAN: Increase self worth

OBJECTIVE:
308006 Patient will draw four strengths/talents. (Creative AT group)
308007 Patient will identify one achievement. (Creative AT group)

300.81 SOMATIZATION DISORDER
300.11 CONVERSION DISORDER
300.80 PSYCHOGENIC PAIN DISORDER
300.70 HYPOCONDRIASIS


PROBLEM: Denial of emotional problem related to somatic symptom
PLAN: Patient will own feelings

OBJECTIVES:
300001 Patient will draw self portrait with some resemblance to self. (All groups)
300002 Patient will fill in accurately life sized outline of own body on large piece of paper. (Expressive group)
300003 Patient will draw self portrait identifying where pain is, then draw the pain identifying color, shape, etc. (Expressive or Individual)
300004 Patient will draw lines for opposite feeling (e.g. pain/pleasure), then develop one line into a picture. (Expressive of Creative AT group)
300005 Patient will make a clay sculpture representing one important feeling. (Creative AT group)
300006 Patient will identify in a picture one secondary gain the somatic impairment makes possible. (Individual AT)
**Dissociative Disorders**

300.12 Psychogenic Amnesia
300.13 Psychogenic Fugue
300.14 Multiple Personality
300.60 Depersonalization Disorder

**Nursing Diagnosis:**
1. Knowledge deficit
2. Thought processes, alteration in

**Problem:** Sense of fragmentation

**Plan:** Integration of thoughts and feelings

**Objectives:**
300011 Patient will focus on a point of overlapping images, or one central image of a picture and develop a new picture from it. (Expressive AT group or Individual AT)
300012 Patient will create a personal mandala using circular paper or border. (Creative AT group)
300013 Patient will model one clay sculpture which may include several layers or chambers. (e.g. a fountain or house) (Expressive or Open Studio)
300014 Patient will draw a full length self portrait, filling in life sized outlines or using a mirror. (Expressive AT group)

**Problem:** Sense of lost time

**Plan:** Reinforce continuity of time

**Objectives:**
300020 Patient will draw earliest memory. (Themes group)
300021 Patient will draw a place to which he wishes to return. (Themes group)
300022 Patient will develop the smallest image or form in a picture (e.g. a distant house) into a new picture. (Expressive AT group)
300023 Patient will draw a life line with important life events noted on a long sheet of paper. (Expressive or Creative AT groups)
300024 Patient will draw a dialogue in four parts between a person and a water well or a box. (Creative AT group)
PSYCHOSEXUAL DISORDERS

302.5 TRANSSEXUALISM
302.85 ATYPICAL GENDER IDENTITY DISORDER

Nursing diagnosis: 1. Sexuality patterns, altered

PROBLEM: Wish to be member of the opposite sex, anatomical dissatisfaction
PLAN: Patient will be more comfortable with self

OBJECTIVES:
302501 Patient will draw a self symbol.
302502 Patient will draw a self portrait.
302503 Patient will draw family portrait with members differentiated by sex.
302504 Patient will fill in life-sized outline of self on large paper.

302.3 TRANSVESTISM

Nursing Diagnosis: 1. Sexuality patterns, altered

PROBLEM: Intense frustration when cross dressing is interfered with
PLAN: Increased acceptance of self

OBJECTIVES:
302301 Patient will draw a two part picture of how I am on the outside and how I am on the inside.
302302 Patient will make a self symbol in clay.
302303 Patient will make a picture of what s/he like about his/her life and one thing s/he would like to change.

PLAN: Increased understanding of the symbolism of clothes

OBJECTIVES:
302310 Patient will draw family members differentiated by clothing.
302311 Patient will design costumes for male and female characters in a drama.
(Psychosexual disorder, cont)

302.2 PEDOPHILIA
302.4 EXHIBITIONISM
302.82 VOYEURISM
302.83 SEXUAL MASOCHISM
302.84 SEXUAL SADISM

NURSING DIAGNOSIS: Sexuality patterns, altered

PROBLEM: Aggression resulting in shocking or hurting others
PLAN: Patient will identify constructive uses of aggressive energy

OBJECTIVES:
302001 Patient will draw a picture of 'How I handle frustration' or angry feelings.
302002 Patient will draw something s/he would like to change in their lives and way in which this could be accomplished.
302003 Patient will draw an active sport in which s/he can put aggressive energy.

PROBLEM: Ineffective or destructive social interaction
PLAN: Increase social skills

OBJECTIVES:
302010 Patient will suggest a theme for themes group.
302011 Patient will make or accept one comment about the artwork in an art therapy group.
302012 Patient will work cooperatively on a group or joint project.
302013 Patient will role play with clay figures representing self or a significant other.

PROBLEM: Inability to delay gratification
PLAN: Increase patience and self control

OBJECTIVES:
302020 Patient will plan and complete a long term project.
302021 Patient will draw a picture of where he wishes to be in five years and steps to getting there.
(Psychosexual Disorder, cont)

**PSYCHOSEXUAL DISFUNCTIONS**

**NURSING DIAGNOSIS: 1. Sexuality patterns, altered**

**PROBLEM:** Repressed anger

**PLAN:** Patient will express anger more directly

**OBJECTIVES:**
302030 Patient will draw a picture of "How I handle anger."
302031 Patient will draw a picture of what I'd like to change and how I'd like to do it.
302032 Patient will wedge and manipulate the clay with force, then complete a sculpture.

**PROBLEM:** Inability to accept pleasure

**PLAN:** Increase sense of deserving pleasure

**OBJECTIVES:**
302040 Patient will draw a picture of "What gives me happiness."
302041 Patient will draw a picture of "My best achievement."
302042 Patient will design a landscape/room which will give peace.
302043 Patient will draw a picture of the best gift given and the best gift ever received.

**302.00 EGO-DYSTONIC HOMOSEXUALITY**

**NURSING DIAGNOSIS: 1. Sexuality, altered**

**PROBLEM:** Discomfort with identity

**PLAN:** Increase acceptance of self

**OBJECTIVES:**
302050 Patient will draw a self portrait with a shadow.
302051 Patient will draw a self symbol or form it with clay.
302052 Patient will draw "What I like best about myself and what I'd like to change."
PERSONALITY DISORDERS

301.0 Paranoid Personality Disorders
301.20 Schizoid Personality Disorder
301.22 Schizotypal Personality Disorder
301.50 Histrionic Personality Disorder
301.81 Narcissistic Personality Disorder
301.70 Antisocial Personality Disorder
301.83 Borderline Personality Disorder
301.82 Avoidant Personality Disorder
301.60 Dependent Personality Disorder
301.40 Compulsive Personality Disorder
301.89 Atypical, Mixed, or Other Personality Disorder
V65.20 Malingering

301.x Paranoid Personality Disorder

NURSING DIAGNOSIS: 1. Anxiety, 2. Fear, 3. Social isolation

PROBLEM: Irrational or exaggerated fear and anxiety
PLAN: Increase trust

OBJECTIVES:
301001 Patient will draw one source of support. (Themes group)
301002 Patient will symbolize 'trust' in a picture, what it means, how it happens. (All groups)
301003 Patient will draw one thing s/he fears and describe how patient might deal with it. (Creative Art group)
301004 Patient will draw a metaphorical dialogue in 2 or 4 parts between protagonists. (e.g. knight and dragon) (Creative Art group)
301005 Patient will draw or model from clay what s/he finds in a cave after participating in guided imagery. (Creative Art group)
301006 Patient will expand a small image or section of a picture into a larger landscape. (Expressive AT group)

NURSING DIAGNOSIS: Communication, Impaired: Verbal

PROBLEM: Poor communication skills
PLAN: Increase communication skills
OBJECTIVES:

301010 Patient will work on group project (Creative AT group)
301011 Patient will make a joint picture with another member of the group (Expressive AT group)
301012 Patient will share a box of art materials with another patient (Themes group)
301013 Patient will make one comment about his or another's work (All groups)

301.20 SCHIZOID PERSONALITY DISORDER


PROBLEM: Withdrawl, Inability to relate to others, Poor communication skills

PLAN: Increase positive interaction

OBJECTIVES:

301201 Patient will make one positive comment about another person's work. (All groups)
301202 Patient will draw a picture of self sharing and activity with others. (e.g. participating in a team sport) (Themes group)
301203 Patient will participate in joint art activity, through joint scribble, drawing a joint picture with one other person, or working on a group mural. (Expressive or Creative Art group)
301204 Patient will model clay forms to represent self and another person and act out interaction between two forms. (Creative and Expressive AT groups)
301205 Patient will dictate picture to another group member and in turn draw what is dictated to him/her. (Creative or Expressive AT groups)
(Personality disorder cont)

**PROBLEM: Depersonalization**

**PLAN:** Patient will acknowledge individuality of others

**OBJECTIVES:**

301210 Patient will draw figures with arms and legs. (Assessment, Themes AT group)
301211 Patient will draw a family portrait writing individual names for the figures represented. (e.g. Jane instead of sister) (All groups)
301212 Patient will make representation of 'my ideal friend' and comment on what they would do together, say to each other, etc. (Themes AT group)

**301.22 SCHIZOTYPAL PERSONALITY DISORDER**

**NURSING DIAGNOSIS:** 1. Coping, Ineffective Individual

**PROBLEM:** Poor coping skills, self-defeating behavior

**PLAN:** Increase coping skills and ability to handle stressors

**OBJECTIVES:**

301221 Patient will identify in a picture one strength to use on the ward. (Themes AT group)
301222 Patient will identify in a picture or clay one source of stress and tell or draw one way of handling it. (All groups)
301223 Patient will symbolize on important changes/s/he wishes to make and draw one step toward it.

**301.58 HISTRIONIC PERSONALITY DISORDER**

**NURSING DIAGNOSIS:** 1. Coping, Ineffective individual, 2. Social Interaction. Impaired
PROBLEM: Self-dramatization, egocentricity, shallowness
PLAN: Increase realistic view of self, sensitivity to others

OBJECTIVES:

301581 Patient will make a realistic self-portrait using a mirror. (Expressive AT group)
301582 Patient will draw two part picture of how I am on the inside and how I am on the outside. (Creative AT group)
301583 Patient will draw a door on folded paper, then draw the place beyond it. (Themes AT group, Creative AT group)
301584 Patient will listen to and comment on feedback one time in the group. (All groups)
301585 Patient will participate in partner directed drawing. (Creative AT group)
301586 Patient will model and role play with clay forms, taking all the parts of the persons represented. (Creative AT group)
301587 Patient will draw a picture of I have/ I want/ I hope/ I need. (All groups)

PROBLEM: Overreaction to minor events

PLAN: Increase self control, realistic view of the environment

OBJECTIVES:

301510 Patient will plan and follow through on a long term project (e.g. a sculpture to model, fire, glaze). (Expressive AT group)
301511 Patient will use only one color in a picture varying only line pressure. (All groups)
301512 Patient will draw a picture of an important event/achievement in a realistic manner. (Themes AT group)
301513 Patient will produce a picture using torn paper. (All groups)

301.81 NARCISSISTIC PERSONALITY DISORDER

NURSING DIAGNOSIS: 1. Coping, Ineffective individual

PROBLEM: Self-preoccupation, sense of entitlement, lack of empathy

PLAN: Increase sensitivity to others
OBJECTIVES:
301811 Patient will take each of the different forms in their picture and pretend to be that object. (Creative AT group, Expressive AT group)
301812 Patient will enact the role of each family member in a clay family portrait. (Creative AT group)
301813 Patient will share in group art activity such as making a mural without talking. (Creative or Expressive AT group)

PROBLEM: Preoccupation with appearances
PLAN: Increase sense of self

OBJECTIVES:
301820 Patient will decorate a door on outside of folded paper, then create the environment inside. (Creative AT group)
301821 Patient will draw or paint a picture of how I am on the outside and how I really am. (Themes AT group)
301822 Patient will draw a mandala working from the center outward which represents him/herself. (Creative AT group)
301823 Patient will draw four feelings then explore one important feeling in depth in clay or another picture. (Creative AT group)
301824 Patient will make inside and outside masks in clay or paper. (Creative or Expressive AT group)

301.70 Antisocial Personality Disorder


PROBLEM: Disrespect for rules, laws
PLAN: Increase respect for order, rules

OBJECTIVES:
301701 Patient will arrive on time for group. (All groups)
301702 Patient will sign and date picture. (All groups)
301703 Patient will not interrupt others during discussion. (All groups)
301704 Patient will follow instructions for two-part or four-part picture. (Creative AT group)
301705 Patient will clean up art materials at conclusion of group session. (All groups)
PROBLEM: Impulsivity
PLAN: Increase patience, perseverance

OBJECTIVES:
301710 Patient will plan and follow through on long term art project (Expressive AT group)
301711 Patient will cooperate on group art project, e.g. mural (Creative or Expressive AT group)

301.83 BORDERLINE PERSONALITY DISORDERS


PROBLEM: Inability to integrate good and bad concepts and feelings
PLAN: Increased tolerance for ambiguity

OBJECTIVES:
301831 Patient will create a picture showing one quality s/he likes about self and one quality s/he dislikes about self. (Themes AT group)
301832 Patient will make a picture combining two or more opposite feelings (e.g. hate-love, calm-anxiety). (Creative or Expressive AT groups)
301833 Patient will arrange still lifes several ways for increased dynamic symmetry. (Expressive AT group)
301834 Patient will create a personal bridge and place symbol for self on the bridge. (Assessment, Themes AT group)
301835 Patient will identify three strengths and one characteristic of self s/he would like to change. (Creative AT group)

PROBLEM: Inappropriate interaction
PLAN: Increase social skills

OBJECTIVES:
301810 Patient will make a picture of an appropriate way in which s/he can get attention from others. (Themes)
301811 Patient will role-play with two or more pieces of clay. (Creative or Expressive AT group)
(Personality disorder cont)

301812 Patient will draw self symbol at center of paper, representing activities and groups s/he is involved in around this symbol. (Creative or Expressive AT group)
301813 Patient will develop a joint scribble with another patient. (Creative or Expressive AT groups)
301814 Patient will participate cooperatively in a group mural. (Creative or Expressive AT group)
301815 Patient will design with another member of the group on a piece of paper a healthy environment. (Creative or Expressive AT group)

PROBLEM: Self-Injury
PLAN: Increase skills for dealing with stress

OBJECTIVES:
301820 Patient will wedge a lump of clay. (All groups)
301821 Patient will draw a picture of how s/he handles tension. (Themes AT group)
301822 Patient will draw a dialogue between a sword and a butterfly in four parts with a happy ending. (Creative AT group)
301823 Patient will use motion with music to relax before creating artwork. (Creative AT group).

301. 82 Avoidant Personality Disorder


PROBLEM: Self-defeating behavior
PLAN: Increase coping skills

OBJECTIVES:
301830 Patient will draw a picture of a future goal and one step toward reaching it. (Themes AT group)
301831 Patient will draw a picture of best achievement. (Themes AT group)
301832 Patient will draw three wishes and discuss ways in which to attain one of them. (Creative AT group)
PROBLEM: Isolation, social withdrawal

PLAN: Increase social interaction

OBJECTIVES:
301841 Patient will role play asserting self with clay figures of self and boss, wife, friend, etc.( Creative AT group)
301842 Patient will participate in deciding on theme for mural and creating it. (Creative or Expressive AT group)
301843 Patient will make a comment about own or another's art work in discussion period .(Themes AT group)

301.60 DEPENDENT PERSONALITY DISORDER

NURSING DIAGNOSIS: 1. Coping, Ineffective, Individual

PROBLEM: Passivity, apathy

PLAN: Increase independence, initiative

OBJECTIVES:
301601 Patient will attend group on time. (All groups)
301602 Patient will use an art material s/he has never used before. (All groups)
301603 Patient will make a unique piece of art and explain the choices made. (Creative or Expressive AT group)
301604 Patient will draw one step s/he can take toward a future goal. (Themes AT group)
301605 Patient will suggest a group theme. (Themes AT group)

PROBLEM: Lack of self-confidence, poor self-esteem

PLAN: Increase self regard

OBJECTIVES:
301610 Patient will draw best achievement. (Themes AT group)
301611 Patient will draw complete self-symbol. (Creative AT group)
301612 Patient will role-play with clay forms representing self and boss, wife, father, etc.. (Creative AT group)
301613 Patient will draw three strengths and one part of self s/he would like to change. (Creative AT group)
301.40  COMPULSIVE PERSONALITY DISORDER

NURSING DIAGNOSIS: 1. Coping, Ineffective, Individual,
2. Diversional activity deficit

PROBLEM: Inability to grasp the "big picture"
PLAN: Increase recognition of wider scene, decrease preoccupation with
details

OBJECTIVES:
301401 Patient will place a form he has drawn into a large landscape.
(Expressive AT group)
301402 Patient will use free material such as paint instead of pencils and
markers. (All groups)
301403 Patient will draw life history on long piece of paper, marking
significant events. (Expressive AT group)
301404 Patient will complete gesture drawing of still-life or another person
without taking pen off the paper and without filling in details.
(Themes AT group)

PROBLEM: Excessive devotion to work, to exclusion of pleasure
and value of interpersonal relationships
PLAN: Increase pleasurable options

OBJECTIVES:
301410 Patient will draw one recreational activity s/he wishes to learn.
(Themes AT group)
301411 Patient will make one piece of art in which s/he can take pride.(All
groups)
301412 Patient will draw happiest memory. (Themes AT group)
301413 Patient will use art as a leisure activity. (Expressive or Studio
groups)

PROBLEM: Indecisiveness, fear of making mistakes
PLAN: Forgive mistakes in self and others

OBJECTIVES:
301420 Patient will use clay to change forms easily, with eyes closed, until
a comfortable form is reached. (All groups)
301421 Patient will draw a picture of past/present/future then expand
future picture into a new drawing. (Creative AT group)
301.84  PASSIVE-AGGRESSIVE PERSONALITY DISORDER

NURSING DIAGNOSIS: 1. Coping, Ineffective Individual

PROBLEM: Social and occupational ineffectiveness

PLAN: Increase coping skills

OBJECTIVES:
301801 Patient will identify two things s/he wants or needs and the way in which they might be attained (All groups)
301802 Patient will identify an important strength and inner resource and draw or model it (Creative AT group)
301803 Patient will identify one important feeling and explore it in art work (Creative or Expressive AT group)

PROBLEM : Procrastination
PLAN : Increase time management skills

OBJECTIVES:
301810 Patient will draw one step toward a goal and estimate time for its accomplishment, then draw second step (Themes AT group)
301811 Patient will plan and follow through on long-term art project. (Expressive AT group)
301812 Patient will review portfolio, acknowledge progress visible in art work, take portfolio upon discharge. (All groups)

301.89  ATYPICAL, MIXED, OR OTHER PERSONALITY DISORDER

V65.20  MALINGERING

NURSING DIAGNOSIS: 1. Coping, Ineffective Individual

PROBLEM: Manipulation of others
PLAN: Increase direct, effective coping skills

OBJECTIVES:
301651 Patient will draw a series of pictures in one session to determine if style is consistent (Assessment AT group)
301652 Patient will draw a picture of 'what I hope to gain from this hospitalization' (Themes AT group)
301653 Patient will draw a picture of three wishes and state how patient might achieve them (Creative AT group)
301654 Patient will draw what's inside and outside of tracing of his head (Expressive AT group)
ANOREXIA NERVOSA
307.51 BULIMIA

NURSING DIAGNOSIS: 1. Self-concept, Disturbance in,
2. Self-care deficit, 3. Nutrition, Alteration in

PROBLEM: Distorted self-image
PLAN: Develop realistic self-image

OBJECTIVES:
307001 Patient will draw a realistic self-portrait. (Creative or Expressive AT group)
307002 Patient will color in life-sized outline of full-length self-portrait on large paper. (Creative or Expressive AT group)
307003 Patient will draw a portrait of self engaged in activity/kinetic self portrait. (Expressive AT group)

PROBLEM: Wish to control self and environment
PLAN: Develop leadership skills

OBJECTIVES:
307010 Patient will draw a dictated picture with a partner then reverse roles. (Expressive AT group)
307011 Patient will take responsibility for organizing and bringing to completion a group mural. (Creative or Expressive AT group)
307012 Patient will identify in a picture what s/he can and cannot control in the environment. (Creative AT group)

ADJUSTMENT DISORDER WITH DEPRESSED MOOD
309.24 ADJUSTMENT DISORDER WITH ANXIOUS MOOD
309.28 ADJUSTMENT DISORDER WITH MIXED EMOTIONAL FEATURES
309.40 ADJUSTMENT DISORDER WITH DISTURBANCE OF CONDUCT
309.23 ADJUSTMENT DISORDER WITH WORK (OR ACADEMIC) INHIBITION
309.83 ADJUSTMENT DISORDER WITH WITHDRAWAL

NURSING DIAGNOSIS: 1. Coping, Ineffective Individual
PROBLEM: Inability to cope with stress
PLAN: Increase ability to cope with stressors

OBJECTIVES:
309001 Patient will chart significant life events (road of life). (Expressive AT group)
309002 Patient will identify one source of stress in a picture and name or draw one way of dealing with it. (Themes AT group)
309003 Patient will identify one goal and draw one step toward it. (Themes AT group)
309004 Patient will create a future environment most conducive to his health on the paper. (Creative AT group)
309005 Patient will identify in a picture one strength/gift which has been helpful in his/her life. (Creative AT group)

PLAN: Increase ability to express aggressive feelings appropriately

OBJECTIVES:
309010 In a picture, patient will identify a constructive use of angry feelings. (Themes AT group)
309011 Patient will identify one change in a picture s/he can make in life. (Creative AT group)
309012 Patient will draw a picture of one sport he can participate actively in. (All groups)

PLAN: Acknowledge feelings, increase communication of them

OBJECTIVES:
309020 Patient will draw and label four feelings. (Creative AT group)
309021 Patient will explore one feeling in depth in clay or on paper. (Creative AT group)
309022 Patient will explore one relationship on the paper. (Creative AT group)
309023 Patient will identify one need on the paper and one wish. (Themes AT group)
309024 Patient will draw a favorite animal and describe one characteristic patient admires about it. (Themes AT group)
DISORDERS OF IMPULSE CONTROL

312.31 PATHOLOGICAL GAMBLING
312.32 KLEPTOMANIA
312.33 PYROMANIA
312.35 ISOLATED EXPLOSIVE DISORDER
312.34 INTERMITTENT EXPLOSIVE DISORDER

NURSING DIAGNOSIS: 1. Coping, Ineffective Individual
2. Violence, Potential for: self-directed or directed at others

PROBLEM: Self defeating behavior
PLAN: Increase impulse control

OBJECTIVES:
312301 Patient will control materials and complete one picture. (Themes AT group)
312302 Patient will make a picture or sculpture of a favorite wild animal and describe how to control it. (Themes AT group)
312303 Patient will follow two or three step instructions for a picture. (Assessment or Themes AT group)
312304 In a picture, patient will identify one new way of dealing with stress. (Themes or Creative AT group)

PLAN: Increase use of creativity, resources

OBJECTIVES:
312310 Patient will identify three strengths in a picture and one thing s/he wishes to change. (Creative AT group)
312311 Patient will draw a dialogue in 4 parts between self and an obstacle (e.g. wall, box). (Creative AT group)
312312 Patient will role play with clay forms a situation in which he feels powerless, playing all parts. (Creative AT group)

FAMILY DISFUNCTION

V61.10 MARITAL PROBLEM
V61.20 PARENT-CHILD PROBLEM
V61.80 OTHER SPECIFIED FAMILY CIRCUMSTANCES

NURSING DIAGNOSIS: 1. Family process, Alteration in
6. Parenting, Alteration in: Potential
PROBLEM: Poor communication

PLAN: Increase awareness of interaction in the family

OBJECTIVES:

V61801 Patient will draw a family picture including self. (Assessment group)
V61802 Patient will draw a symbolic family picture representing each member with something s/he likes to do. (Expressive AT group)
V61803 Patient will draw a kinetic family picture with each member doing something s/he might ordinarily do. (Family Assessment)
V61804 Patient will create clay forms representing self and family and engage forms in role-playing. (Creative AT group)
V61805 Patient will tear colored paper into forms, each representing a family member, move them about on a large piece of paper, then glue them in place. (Creative AT group)
V61806 Patient will draw picture dictated to him by another group member, then reverse roles. (Creative AT group)
V61807 Patient will participate in a 'silent dialogue' drawing in which two persons take turns communicating through drawing on the same piece of paper. (Expressive AT group, Family Art Evaluation)
V61808 Patient will participate in planning and making a group mural. (Creative or Expressive AT group)
V61809 Patient will participate with family in Family Art Evaluation. (Family Art Evaluation)

PROBLEM: Guilt and shame

PLAN: Patient will resolve guilt

(HIV-AIDS, cont):

OBJECTIVES:
000001 Patient will acknowledge and symbolize four feelings.
000002 Patient will explore one feeling in depth by using clay.
000003 Patient will identify four strengths in artwork.
000004 Patient will identify best achievement in artwork.
000005 Patient will identify one contribution he can make in a picture.
000006 Patient will design a self symbol.

PROBLEM: Anger about life threatening illness

PLAN: Reduce helplessness

OBJECTIVES:
000010 Patient will create a durable piece of artwork which he can leave behind. (e.g. fired sculpture)
000011 Patient will make a picture of NOW and one pleasurable thing he can do today.
000012 Patient will make a picture of one constructive use of his/her angry energy.
000013 Patient will select one issue on which s/he wishes to work by using the art materials.