Uncovering Your Reading Identity

This reflection process is for you to help you uncover who you are as a reader. This is so you can figure out which facet of your reading life you would like to challenge yourself on over the course of the next several weeks. You will use the information uncovered here to help you set your own personal challenge goal or goals. Please answer truthfully this is not assessed or shared with anyone but me.

How many books have you read so far this year? ______________________
How far are you from your goal (25 books or higher)? ______________________
Is your year goal attainable? Why or why not? ______________________

Your Own Reading Behaviors

On a scale from 1 to 10, how much do you like reading (1—not at all, 10—I love it!) ______________________
Why is this your rating? ________________________________________________

Has your rating changed this year? Why or why not? ______________________

Do you consider yourself a slow, average, or fast reader? ______________________
Why do you think this is your speed? ______________________________________

Does your speed of reading help you or hinder you? ______________________

When you read aloud, do you use expression? ______________________
What do you usually do during our independent reading time? ________________
How many books do you think you have abandoned so far this year? ____
__________________________________________________________
__________________________________________________________

Think of the last book you abandoned; why did you abandon this book? ____
__________________________________________________________
__________________________________________________________

How has abandoning books helped you as a reader? ________________
__________________________________________________________
__________________________________________________________

How has abandoning books hurt you as a reader? ________________
__________________________________________________________
__________________________________________________________

Habits of Reading Outside of English

How many days on average do you read outside of English?________

When you read, how long do you read for? ______________________

Where do you typically read? _________________________________

Why this spot? _____________________________________________

__________________________________________________________

What stops you from reading more? __________________________

__________________________________________________________

How much do you wish you were reading outside of English? ______

Why this amount? _________________________________________

Reading Habits of Others in Your Life

Do people at your home read? If yes—who? ____________________

Do you share book recommendations with your family? ____________

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Does your family read together? _________________________

Do your friends read? ________________________________

How often do you share book recommendations with others? __________

What was the last book you recommended to someone else? ____________

Why did you recommend this book? _____________________________

If you do not recommend books to others, why not? ________________

_________________________________________________________________

Your Own Reading Preferences

List your favorite types/formats of books (Picture books, graphic novels, free verse, chapter novels, etc.)

_________________________________________________________________

_________________________________________________________________

List your favorite genres of books ________________________________

_________________________________________________________________

_________________________________________________________________

What are genres that you do NOT read? ____________________________

_________________________________________________________________

_________________________________________________________________

Why do you not read these? ______________________________________

_________________________________________________________________

_________________________________________________________________

What is the hardest book that you have read this year and why was it hard? _____

_________________________________________________________________
What is a book you would like to still read this year and why? 
______________________________________________________________________________________________

Who is a favorite book character? Why this character? ________________________________
______________________________________________________________________________________________

Describe a time when reading was fun for you. ________________________________
______________________________________________________________________________________________

Describe a time when reading was NOT fun for you—why not? _________________
______________________________________________________________________________________________

**PHEW! Now let’s see what you may want to challenge yourself on.**

Looking over all of these questions, which answers stand out to you? Why these? Self-reflect, speak to Mrs. Ripp on the answers you have given, and start to think of a goal or goals you may want to try for within the next several weeks.

Potential goal ________________________________________________________________
______________________________________________________________________________________________

Why this goal? ________________________________________________________________
______________________________________________________________________________________________

How will this goal challenge you? (Note: the goal should be attainable but not easy) ________________________________________________________________
______________________________________________________________________________________________
Who will hold you accountable to this challenge? _____________________________
________________________________________________________________________
________________________________________________________________________
What are the mini-goals you can reach along the way?
1. _____________________________
2. _____________________________
3. _____________________________
4. _____________________________
How will you know you have succeeded? _____________________________
________________________________________________________________________
________________________________________________________________________
How will you reward yourself when you reach your goal? ________________
________________________________________________________________________
________________________________________________________________________